

Adult Dance Classes

at

ALPINE *dance* ACADEMY



Adult Dance

Winter Break 2018-2019

2 Week Break Session:

Wednesdays from 6:00 pm to 7:30 pm
December 26, 2018 and January 2, 2019

No Registration Necessary! Drop In Only!

\$20 day-of drop-in rate for Adults

\$10 day of drop in rate for Students

(ADA students ages 15 and up are welcome to participate)

Cash, Check, or Venmo made out to Abbey Austin.

This class will be a 2 week mini session.

The class structure will be 60 minutes of Tap and 30 minutes of Jazz Stretch, including a thorough stretch/warm up and various core strengthening exercises. If you are looking for something fun, wanting to kick start your New Years resolutions (dance pun intended), or just get out of the house over the holiday break, this class is ideal for you! Dancers ages 15 and up are welcome in class.

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All Classes are held ADA's Frisco Studios – Downstairs in the Frisco Mall  
(Below The Clubhouse and The Next Page Bookstore)

Drop in students do not need to register ahead of time.  
All participants will need a current liability waiver on file.  
Email [alpinedanceacademy@gmail.com](mailto:alpinedanceacademy@gmail.com) for more information.

